Discover your natural design & thrive. Brilliant.

MAINTENANCE PROTOCOL



Proteinxym

1 scoop daily

· Enzyme-activated protein powder



Theraxym

1 cap upon waking, 2 caps before bed

- Supports overall joint, tendon and cartilage function
- · Promotes circulatory health
- Support immune system
- · Helps reduce excess mucous
- Supports the body's natural inflammation response
- Includes Nattokwinase (soy free),
 Serrapeptidase, Protease (3 Forms) and
 Seaprose S (crystalline)



HCL-XYM

2 caps at each meal

Digestion aid



Serraxym

1 cap upon waking, 2 caps before bed

- · Promotes immune system balance
- · Breaks down yeast and undigested proteins
- · Great for Brain Fog



SunFiber

1 scoop per day

- · Promotes intestinal & colon health
- Proven Prebiotic
- Tasteless, colorless, odorless, & 100% water soluble

Daily Supplement/Enzyme Schedule

Upon Waking on Empty Stomach (Empty Stomach)	1 Serraxym 1 Theraxym
Breakfast	2 HCL-XYM 1 Scoop of Proteixym (can be used in place of breakfast and can be taken as smoothie by adding frozen fruit) 1 Scoop of SunFiber (can be added to Proteinxym shake)
Lunch	2 HCL-XYM
Dinner	2 HCL-XYM
Before Bed	2 Serraxym 2 Theraxym